



**ROYAL SIGNALS ROAD RELAY CHAMPIONSHIPS
(Under UKA Rules, 28291)**

**HETTON LYONS COUNTRY PARK, HOUGHTON le SPRING, DH5 9AR
SATURDAY FEBRUARY 15th2025
HOSTED BY HOUGHTON HA&AC and SUPPORTED BY START FITNESS**

**12.00 SENIOR WOMEN, MASTERS WOMEN OVER 35 & MASTERS MEN
OVER 50** **4 x 2.2 miles**

13.20 SENIOR MEN & MASTERS MEN OVER 35 **6 x 2.2 miles**

CONDITIONS OF ENTRY

All entrants must be **FIRST CLAIM MEMEBERS** of NECAA Athletics Clubs affiliated to England Athletics.

All runners must be 15 years old on the day of the race.

Runners can only run in one age category and can only run one leg.

Guest teams may only compete with advance permission of the NECAA – no championship medals will be awarded.

CLUB COLOURS – all competitors must wear registered club colours. UKA TR5 SI (3) – in relay races all competitors must wear registered vests of the same design and colour of the team they are representing.

NECAA Championship medals will be presented to the first three teams in each category. NB clubs can only win one set of medals in each category.

Race 2 start times may be delayed.

LAST LEG RUNNERS MUST LISTEN FOR ANNOUNCEMENTS BEFORE THE PENULTIMATE LEG FOR A POSSIBLE FINAL LEG `MASS` START.

Chip Timing- ProTay protay.co.uk

**PARKING: Hetton Lyons Country Park (Downs Pit Lane). £2 (CASH ONLY).
PLEASE CAR SHARE.**

FURTHER EVENT INFORMATION NECAA WEBSITE – EVENTS

General information contact Archie Jenkins or Kevin Johnson.

archiemeadowriggs@btinternet.com

kevin.johnson@marvelus.co.uk

Val Baxter (entries) masterstracksec@gmail.com (£28 – 4 man teams, £42 – 6 man teams).

**ENTRIES CLOSE ON MONDAY FEBRUARY 10th. TEAM MANAGERS
WILL BE EMAILED WITH TEAM DECLARATION INSTRUCTIONS.**

ONLINE ENTRIES ONLY (NO LATE ENTRIES)

<https://necaa.co.uk/events/>