

Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U13B	51	Ollie Curran	Darlington H & AC	1500	04:45.47	7	6					6
U13B	34	Daniel Callaghan	Darlington H & AC	1500	05:07.74	5	5					5
U13B	191	Matty Richardson	Crook & Dist Sports AC	1500	05:07.86	5	4					4
U13B	217	Edward Taggart	North Shields Polytechnic Club	1500	05:24.35	3	3					3
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U13G	93	Ellie Harrison	Chester Le Street & Dist AC	150	22.06	5	5	75	10.80	6	6	11
U13G	87	Izzy Hall	Birtley AC	1500	05:10.35	8	5	150	21.23	7	6	11
U13G	259	Holly Zellas	North Shields Polytechnic Club	150	22.23	5	4	75	10.82	6	5	9
U13G	38	Isla Coker	Phoenix Flyers AC	1500	05:23.68	6	3	LJ	3.72	5	6	9
U13G	135	Emily Maguire	North Shields Polytechnic Club	150	22.59	5	3	75	11.19	5	4	7
U13G	16	Ayla Blight	Elswick Harriers	1500	05:09.86	8	6					6
U13G	200	Sophia Schroeder	Tynedale Harriers & AC	HJ	1.20	5	6					6
U13G	198	Alice Scambler	North Shields Polytechnic Club	SP	6.51	4	6					6
U13G	27	Eliza Brown	North Shields Polytechnic Club	75	12.11	2		HJ	1.20	5	5	5
U13G	97	Zara Hastie	North Shields Polytechnic Club	75	11.69	4	3	LJ	3.00	3	2	5
U13G	118	Isobel Johnson	North Shields Polytechnic Club	75	12.20	2		LJ	3.48	4	5	5
U13G	78	India Gorvett	Blyth RC	75	11.90	3		SP	6.48	3	5	5
U13G	122	Grace Kane	Hartlepool AC	75	12.01	3		LJ	3.38	4	4	4
U13G	172	Sasha Patterson	Darlington H & AC	1500	05:13.78	7	4					4
U13G	231	Violet Turner	Hartlepool AC	150	27.44			LJ	3.05	3	3	3
U13G	242	Freya Watson	Hartlepool AC	75	11.72	3	2					2
U13G	20	Niddi Taylor Booth	North Shields Polytechnic Club	150	24.72	1	2	75	12.05	3		2
U13G	162	Elly Ord	Hartlepool AC	150	24.81	1	1	75	11.82	3	1	2
U13G	225	Zoe Tomlinson	Morpeth Harriers & AC	1500	05:24.87	6	2					2
U13G	90	Lucie Hammond	Darlington H & AC	75	11.94	3		LJ	2.93	2	1	1
U13G	268	Lily Meikle Lopez	Blyth RC	1500	05:45.45	4	1					1

U13G	230	Freya Turner	Hartlepool AC	150	28.61			LJ	2.63	1		
U13G	19	Jemima Bond	Gosforth Harriers & AC	1500	06:07.92	2						
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U15B	236	Oliver Ward	North Shields Polytechnic Club	150	18.36	NA	6	75	9.24	NA	6	12
U15B	32	Oscar Burton	Gateshead Harriers & AC	SP	8.75	3	4	LJ	3.38		6	10
U15B	58	Ronan Douglass	North Shields Polytechnic Club	150	18.47	NA	5	75	9.53	NA	5	10
U15B	163	Jack Ord	Hartlepool AC	1500	04:37.79	6	3	SP	9.12	3	5	8
U15B	25	Jack Brooks	Jarrow & Hebburn AC	150	19.95	NA	3	75	9.95	NA	4	7
U15B	1	Eli Adams	North Shields Polytechnic Club	HJ	1.75	9	6					6
U15B	41	Benjamin Compton	Blyth RC	75	10.06	NA	3	SP	7.16		3	6
U15B	138	Joseph Mallie	North Shields Polytechnic Club	150	19.43	NA	4	75	10.10	NA	2	6
U15B	211	Rowan Steel	Darlington H & AC	1500	04:22.89	8	6					6
U15B	221	Max Ternent	Gateshead Harriers & AC	SP	9.21	4	6					6
U15B	222	Samuel Thompson	Gateshead Harriers & AC	300	38.70	9	6					6
U15B	26	Albert Brown	Hartlepool AC	300	44.63	4	5					5
U15B	70	Matthew Foster	Darlington H & AC	1500	04:27.75	7	5					5
U15B	76	Oliver Gibson	Gateshead Harriers & AC	HJ	1.45	5	5					5
U15B	111	James I'anson	Darlington H & AC	1500	05:12.48	2		HJ	1.40	4	4	4
U15B	210	Kirsten-Kyle Sridhar	Darlington H & AC	1500	04:33.74	6	4					4
U15B	190	Jacob Richardson	North Shields Polytechnic Club	150	20.46	NA	2	75	10.12	NA	1	3
U15B	31	George Bryce	Blyth RC	1500	04:41.18	5	2					2
U15B	125	Dominic Kelso	Elswick Harriers	1500	04:45.51	5	1					1
U15B	129	Matthew King	Jarrow & Hebburn AC	150	20.59	NA	1					1
U15B	60	Toby Eden	North Shields Polytechnic Club	150	21.06	NA		75	10.58	NA		
U15B	75	Luke Gardner	Darlington H & AC	1500	04:46.80	5						
U15B	119	Charlie Johnstone	North Shields Polytechnic Club	150	22.56	NA		75	10.94	NA		
U15B	160	Niall Odoherty	Jarrow & Hebburn AC	150	23.91	NA		75	11.55	NA		
U15B	263	Ed Moon	Sunderland Harriers & AC	1500	04:53.57	4						

Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U15G	85	Nieve Greenan	Hartlepool AC	75	9.90	NA	6	LJ	4.70	6	6	12
U15G	168	Katy Pang	North Shields Polytechnic Club	150	20.35	NA	5	75	10.11	NA	5	10
U15G	180	Sophie Pledger	Morpeth Harriers & AC	300	43.92	5	4	150	19.72	NA	6	10
U15G	183	Alicia Purvis	Alnwick Harriers	SP	8.99	6	6	HJ	1.05		4	10
U15G	96	Alexa Hastie	North Shields Polytechnic Club	150	20.87	NA	2	TJ	8.81	6	6	8
U15G	256	Sarah Al-Insyirah Wrig	North Shields Polytechnic Club	150	20.66	NA	4	75	10.37	NA	4	8
U15G	117	Beth Johnson	Darlington H & AC	TJ	8.08	3	4	LJ	3.74	2	3	7
U15G	56	Eilidh Dotchin	North Shields Polytechnic Club	300	49.43	1		HJ	1.35	5	6	6
U15G	155	Olivia Murphy	Birtley AC	1500	04:41.01	9	6					6
U15G	159	Celine Obinna-Alo	Sunderland Harriers & AC	300	40.30	9	6					6
U15G	33	Natasha Busby	Hartlepool AC	300	47.85	2		LJ	4.51	6	5	5
U15G	169	Amelia Eve Parker	North Shields Polytechnic Club	150	22.96	NA		TJ	8.70	5	5	5
U15G	194	Holly Robison	Houghton Harriers & AC	1500	04:48.56	9	5					5
U15G	233	Lauryn Walton	North Shields Polytechnic Club	150	20.80	NA	3	75	10.51	NA	2	5
U15G	246	Neve Watson	Hartlepool AC	300	43.76	5	5	LJ	1.66			5
U15G	260	Fearne Bell	Blyth RC	HJ	1.15		5					5
U15G	173	Lucy Payne	Hartlepool AC	75	10.98	NA		LJ	4.35	5	4	4
U15G	185	Kathryn Pye	Houghton Harriers & AC	1500	04:49.97	9	4					4
U15G	229	Penny Turnbull	North Shields Polytechnic Club	150	21.01	NA	1	75	10.42	NA	3	4
U15G	46	Caitlin Creaby	Blyth RC	300	44.05	4	3					3
U15G	166	Matilda Owens	Darlington H & AC	1500	04:54.82	8	3					3
U15G	8	Charlotte Baker	Hartlepool AC	75	10.88	NA		LJ	3.64	2	2	2
U15G	39	Emily Collingwood	Gateshead Harriers & AC	300	44.51	4	2					2
U15G	83	Nell Graham	Birtley AC	1500	05:03.78	6	2					2
U15G	11	Freya Beckingsale	North Shields Polytechnic Club	300	46.53	3	1					1
U15G	65	Nadine Fail	North Shields Polytechnic Club	LJ	3.31	1	1					1
U15G	82	Kitty Graham	Birtley AC	1500	05:07.32	5	1					1
U15G	179	Evie pickering	North Shields Polytechnic Club	150	21.24	NA		75	10.54	NA	1	1

U15G	13	Ceinwen Bishop	Birtley AC	1500	05:22.27	3							
U15G	14	Tegan Bishop	Birtley AC	1500	05:27.95	3							
U15G	29	Lexie Brown	Sunderland Harriers & AC	1500	05:25.67	3							
U15G	35	Kate Charlton	Jarrow & Hebburn AC	150	21.71	NA		75	10.89	NA			
U15G	61	Isla Rose Edgar	North Shields Polytechnic Club	150	23.85	NA		75	11.72	NA			
U15G	77	Ella Jane Gnagbo Mari	North Shields Polytechnic Club	150	23.64	NA							
U15G	105	Sophie Hogan	Gateshead Harriers & AC	300	47.70	2							
U15G	149	Lily McColl	North Shields Polytechnic Club	1500	05:23.73	3							
U15G	152	Taylor Jett Miller	Houghton Harriers & AC	1500	05:16.51	4							
U15G	154	Annie Murphy	North Shields Polytechnic Club	300	46.77	3							
U15G	157	Kimi Ng	Jarrow & Hebburn AC	150	22.83	NA		75	11.13	NA			
U15G	165	Charlotte Owens	Darlington H & AC	1500	05:12.87	4							
U15G	178	Anna Pickering	Birtley AC	150	22.47	NA		75	11.22	NA			
U15G	205	Millie Slane	Durham City Harriers & AC	1500	05:21.89	3							
U15G	209	Rosie Smith	North Shields Polytechnic Club	150	24.14	NA		LJ	3.01				
U15G	218	Maeve Taggart	North Shields Polytechnic Club	1500	05:15.18	4							
U15G	223	Emma Tomlinson	Morpeth Harriers & AC	1500	05:11.11	5							
U15G	270	Maja Matuszek	Jarrow & Hebburn AC	300	46.60	3							
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points	
U17M	98	Arran Head	North Shields Polytechnic Club	300	36.09	9	5	150	17.25	NA	6	11	
U17M	176	Luke Pichler	Blyth RC	SP	11.96		6	PV	3.10	4	5	11	
U17M	57	Hugo Douglas-Reeves	Darlington H & AC	300	38.22	6	4	100mH	13.94	8	6	10	
U17M	94	Liam Hart	Jarrow & Hebburn AC	SP	9.21		5	LJ	4.77	2	5	10	
U17M	167	Jake Pang	North Shields Polytechnic Club	150	17.60	NA	5	75	9.05	NA	5	10	
U17M	204	Harry Simpson	Hartlepool AC	150	17.85	NA	4	75	8.97	NA	6	10	
U17M	201	Ethan Scott	South Shields Harriers & AC	300	46.30		3	LJ	3.84		4	7	
U17M	28	Jacob Brown	Middlesbrough AC	1500	04:04.38	9	6					6	
U17M	102	Thomas Hill	Darlington H & AC	PV	3.80	8	6					6	
U17M	240	Jacob Waterston	Sunderland Harriers & AC	LJ	5.30	4	6					6	

U17M	247	Thomas Watton	Middlesbrough AC	<b>300</b>	35.82	9	6					6
U17M	249	Aksel Whittingham	North Shields Polytechnic Club	<b>150</b>	18.30	NA	2	<b>75</b>	9.24	NA	4	6
U17M	2	Will Ainsley	Gateshead Harriers & AC	<b>100mH</b>	14.76	6	5					5
U17M	193	Magnus Riddell	Tynedale Harriers & AC	<b>1500</b>	04:04.80	9	5					5
U17M	45	Jaye John Cox	Hartlepool AC	<b>150</b>	18.98	NA	1	<b>75</b>	9.60	NA	3	4
U17M	241	Daniel Watson	North Shields Polytechnic Club	<b>1500</b>	04:09.17	8	4					4
U17M	255	Jack Wood	Darlington H & AC	<b>SP</b>	8.45		4					4
U17M	86	Freddie Hall	Darlington H & AC	<b>1500</b>	04:19.79	6	3					3
U17M	134	Jacob Lloyd	Tynedale Harriers & AC	<b>150</b>	18.18	NA	3					3
U17M	74	Theo Gardiner-Wright	North Shields Polytechnic Club	<b>150</b>	19.60	NA		<b>75</b>	10.06	NA	2	2
U17M	224	Oliver Tomlinson	Morpeth Harriers & AC	<b>1500</b>	04:20.74	5	2					2
U17M	114	William Jardine	Durham City Harriers & AC	<b>1500</b>	04:21.04	5	1					1
U17M	3	Ben Anderson	Sunderland Harriers & AC	<b>1500</b>	04:38.82	3						
U17M	73	Charlie Glover Furness	North Shields Polytechnic Club	<b>1500</b>	04:22.67	5						
U17M	136	Jonathan Maley	North Shields Polytechnic Club	<b>1500</b>	04:29.47	4						
U17M	137	Matthew Maley	North Shields Polytechnic Club	<b>1500</b>	04:24.17	5						
U17M	164	Owen Ovens	Darlington H & AC	<b>1500</b>	04:33.15	3						
U17M	258	William Young	Sunderland Harriers & AC	<b>1500</b>	04:37.70	3						
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U17W	143	Skye Marshall	Gateshead Harriers & AC	<b>SP</b>	9.84	5	6	<b>TJ</b>	9.83	5	6	12
U17W	216	Jess Sweet	Darlington H & AC	<b>150</b>	19.68	NA	6	<b>75</b>	9.93	NA	6	12
U17W	243	Isla Watson	Hartlepool AC	<b>75</b>	9.95	NA	5	<b>LJ</b>	4.98	6	6	11
U17W	4	Lily Angus	Hartlepool AC	<b>150</b>	21.30	NA	4	<b>TJ</b>	9.24	4	5	9
U17W	36	Elizabeth Clay	Darlington H & AC	<b>150</b>	20.40	NA	5	<b>75</b>	10.07	NA	4	9
U17W	30	Sofia Brunetti	Hartlepool AC	<b>150</b>	22.04	NA	3	<b>75</b>	11.03	NA	3	6
U17W	48	Eden Creasey	Middlesbrough AC	<b>300</b>	41.83	7	6					6
U17W	120	Zara Jones	Darlington H & AC	<b>1500</b>	04:36.32	9	6					6
U17W	62	Izabella Edinboro	Darlington H & AC	<b>300</b>	42.72	6	5					5
U17W	84	Lottie Graves	Darlington H & AC	<b>SP</b>	9.36	4	5					5

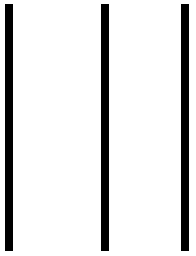
U17W	116	Anna Johnson	North Shields Polytechnic Club	1500	04:54.77	7	5					5
U17W	6	Catherine Atkinson	North Shields Polytechnic Club	300	44.39	4	4					4
U17W	228	Darcey Tullis	North Shields Polytechnic Club	1500	04:55.69	6	4					4
U17W	17	Erin Blight	Elswick Harriers	1500	05:03.50	5	3					3
U17W	81	Daisy Graham	Birtley AC	300	44.50	4	3					3
U17W	7	Hannah Atkinson	North Shields Polytechnic Club	1500	05:13.84	3	2	300	45.55	3		2
U17W	147	April McAuley-Zechner	Gateshead Harriers & AC	300	45.44	3	2					2
U17W	219	Freya Talman	Darlington H & AC	1500	05:14.15	3	1					1
U17W	261	Isla Bell	Blyth RC	300	45.44	3	1					1
U17W	108	Elizabeth Hughes	Sunderland Harriers & AC	300	48.65	2						
U17W	133	Caitlin Lloyd	Darlington H & AC	1500	05:24.91	2						
U17W	141	Charlotte Marshall	Morpeth Harriers & AC	1500	06:18.62							
U17W	187	Alexa Reid	Jarrow & Hebburn AC	1500	05:29.04	2						
U17W	239	Hannah Waterhouse	Elswick Harriers	1500	05:31.91	1						
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U20M	50	Charlie Culyer	North Shields Polytechnic Club	150	17.66	NA	6	75	8.93	NA	6	12
U20M	92	Ashton Harrison	Darlington H & AC	SP	9.82	2	6	LJ	5.39	2	6	12
U20M	140	Cameron Marshall	Gateshead Harriers & AC	TJ	12.16	4	6	HJ	1.60	2	6	12
U20M	212	Ethan Stewart	Darlington H & AC	150	19.43	NA	5	75	9.73	NA	5	10
U20M	52	William De Vere Owen	Morpeth Harriers & AC	1500	03:59.33	8	6					6
U20M	220	Scott Temple	Hartlepool AC	1500	04:00.18	7	5					5
U20M	37	Joseph Close	Morpeth Harriers & AC	1500	04:00.63	7	4					4
U20M	139	Bertie Marr	Morpeth Harriers & AC	1500	04:05.01	6	2					3
U20M	55	Joe Dixon	Morpeth Harriers & AC	1500	04:05.65	6	3					2
U20M	195	Ralph Robson	Morpeth Harriers & AC	1500	04:06.13	6	1					1
U20M	18	Ethan Bond	Gosforth Harriers & AC	1500	04:10.13	5						
U20M	40	Aiden Colmer	Darlington H & AC	1500	04:15.85	4						
U20M	72	Thomas Francis	Birtley AC	1500	04:36.73	1						
U20M	95	Rory Hart	Crook & Dist Sports AC	1500	04:28.80	3						

U20M	126	Elliot Kelso	Morpeth Harriers & AC	1500	04:06.89	6						
U20M	144	Sam Mason	Durham City Harriers & AC	1500	04:24.40	3						
U20M	145	Elliot Mavir	Morpeth Harriers & AC	1500	04:34.39	1						
U20M	189	Daniel Richardson	Darlington H & AC	1500	04:07.06	6						
U20M	6	Benedict Simpson-Ale	Richmond & Zetland Harriers	1500	04:10.83	9						
U20M	252	Joe Willis	Sunderland Harriers & AC	1500	04:21.80	3						
U20M	253	Dylan Wilson	Darlington H & AC	1500	04:07.63	6						
U20M	266	Elvio Loreda	Houghton Harriers & AC	1500	04:26.51	2						
U20M	269	Elliot Moore	North Shields Polytechnic Club	1500	04:16.49	4						
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
U20W	245	Lily Mae Watson	Hartlepool AC	150	19.23	NA	6	75	9.69	NA	6	12
U20W	22	Lily Bradley	North Shields Polytechnic Club	TJ	10.38	3	5	75	10.00	NA	5	10
U20W	68	Lucy Fitzpatrick	North Shields Polytechnic Club	75	10.16	NA	4	TJ	9.50	2	4	8
U20W	89	Libby Hammond	Darlington H & AC	150	20.63	NA	4	75	10.23	NA	3	7
U20W	184	Lilia Purvis	Alnwick Harriers	1500	05:46.72		1	SP	9.68	4	6	7
U20W	215	Lucy Stutt	Heaton Harriers & AC	300	56.34		5	150	24.38	NA	2	7
U20W	71	Katie Francis	Birtley AC	1500	04:34.65	9	6					6
U20W	121	Katie Joslyn	North Shields Polytechnic Club	300	45.86	2	6					6
U20W	146	Amber McAuley-Zehr	Gateshead Harriers & AC	LJ	4.33	2	6					6
U20W	265	Millie Train	Blyth RC	TJ	10.65	4	6					6
U20W	49	Lois Creasey	Middlesbrough AC	1500	04:35.33	9	5					5
U20W	248	Lily White	Gateshead Harriers & AC	150	19.34	NA	5					5
U20W	54	Charlotte Dillon	Houghton Harriers & AC	1500	04:36.14	9	4					4
U20W	5	Emma Ashman	Gosforth Harriers & AC	1500	05:09.52	3	3					3
U20W	251	Ellie Wickens	Morpeth Harriers & AC	150	20.78	NA	3					3
U20W	264	Lexi Brown	Sunderland Harriers & AC	TJ	9.24	1	3					3
U20W	196	Tabitha Robson	Morpeth Harriers & AC	1500	05:18.65	2	2					2
U20W	130	Neve King-Jones	Jarrow & Hebburn AC	1500	05:53.05							
U20W	182	Shauna Portwine	Durham City Harriers & AC	1500	05:54.25							

Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points
SenM	131	Ryan Laird	North Shields Polytechnic Club	75	9.50	NA	6					6
SenM	188	Liam Reveley	Jarrow & Hebburn AC	150	16.81	NA	6	SP	12.08	3	6	12
SenM	150	Nicson Melaco	North Shields Polytechnic Club	150	17.71	NA	4	75	8.83	NA	6	10
SenM	91	Andrew Harrison	North East Veterans AC	150	18.55	NA	3					3
SenM	153	Robert Mole	North Shields Polytechnic Club	150	19.58	NA	2	75	9.93	NA	4	6
SenM	127	Conrad Kennedy	Gateshead Harriers & AC	150	19.83	NA	1					1
SenM	199	Benjamin Schofield	Gateshead Harriers & AC	300	35.62	6	5	150	17.36	NA	5	10
SenM	227	Liam Townson	Gateshead Harriers & AC	300	35.78	6	5					5
SenM	43	Justin Cooper	Gateshead Harriers & AC	300	36.44	5	4					4
SenM	254	Chris Smallwood	Elswick Harriers	300	38.99	1	3					3
SenM	226	Darren Towart	Tynedale Harriers & AC	300	39.82	0	2					2
SenM	79	Nigel Gorvett	Blyth RC	300	41.02		1	HJ	1.65	2	6	7
SenM	148	Phil McCluskey	Vegan Runners UK	300	44.31			SP	7.26		4	4
SenM	214	Mark Stewart	Darlington H & AC	300	46.02			150	20.95	NA		
SenM	66	Josh Fiddaman	Blyth RC	1500	03:56.75	6	6					6
SenM	44	Chris Coulson	Houghton Harriers & AC	1500	03:59.68	5	5					5
SenM	24	Finn Brodie	Morpeth Harriers & AC	1500	04:00.32	4	4					4
SenM	132	Lewis Liddle	Gateshead Harriers & AC	1500	04:01.11	4	3					3
SenM	206	Peter Smallcombe	Morpeth Harriers & AC	1500	04:01.50	4	2					2
SenM	100	Ellis Hetherington	Morpeth Harriers & AC	1500	04:02.38	4	1					1
SenM	142	Connor Marshall	Morpeth Harriers & AC	1500	04:05.10	3						
SenM	99	Tom Henson	Saint Edmund Pacers	1500	04:10.63	2						
SenM	109	Keith Hutchinson	12 in 12	1500	04:19.14	1						
SenM	238	Matthew Warner	Southend On Sea AC	1500	04:19.16	1						
SenM	235	Ben Ward	Gosforth Harriers & AC	1500	04:20.35							
SenM	104	Alex Hird	Crook & Dist Sports AC	1500	04:21.15							
SenM	59	Lee James Dover	Houghton Harriers & AC	1500	04:24.08							
SenM	151	Adam Middleton	Houghton Harriers & AC	1500	04:27.43							



SenM	115	Alastair Johnson	Gosforth Harriers & AC	1500	04:33.04								
SenM	63	Paul Emmerson	Jarrow & Hebburn AC	1500	05:32.30								
SenM	234	Alfie Ward	Blyth RC	LJ	6.43	6	6						6
SenM	257	Neil Yorston	South Shields Harriers & AC	SP	6.87		2	LJ	3.81		5		7
SenM	213	Lee Stewart	Houghton Harriers & AC	SP	6.93		3	HJ	1.10		5		8
SenM	181	Colin Plews	Jarrow & Hebburn AC	SP	7.48		5						5
Age gp	Bib	Name	Club	Match 1 event 1	Match 1 result 1	Event 1 PB Grade	Match 1 event 1 points	Match 1 event 2	Match 1 result 2	Event 2 PB Grade	Match 1 event 2 points	Total Points	
SenW	64	Joy Eze	Gateshead Harriers & AC	150	17.55	NA	6					6	
SenW	69	Susan Folorunso	Gateshead Harriers & AC	150	18.25	NA	5					5	
SenW	174	Stella Perrett	North Shields Polytechnic Club	150	18.73	NA	4	75	9.69	NA	6	10	
SenW	207	DeAjah Smith	Gateshead Harriers & AC	150	19.62		3					3	
SenW	232	Laura Walker	North Shields Polytechnic Club	150	20.98	NA	2	75	10.47	NA	5	7	
SenW	244	Kandis Watson	Blyth RC	150	21.87	NA	1	75	10.88	NA	4	5	
SenW	124	Charlotte Kelsey	Middlesbrough AC	300	39.08	9	6					6	
SenW	156	Ruby Sarah Nelson	Newcastle Uni AC	300	42.11	5	5	LJ	4.49		6	11	
SenW	192	Iona Richings	Darlington H & AC	300	44.49	2	4	LJ	4.16		5	9	
SenW	67	Jessica Fields	Kingston upon Hull AC	300	44.83	2	3					3	
SenW	88	Tegan Hamilton-Adam	Gateshead Harriers & AC	300	46.28	1	2					2	
SenW	113	Susi Jahnich	Newcastle Uni AC	300	51.19		1	SP	6.96		5	6	
SenW	171	Rachel Partington	Chester Le Street & Dist AC	300	58.13								
SenW	128	Jenna Killock	Jarrow & Hebburn AC	1500	05:15.66		6					6	
SenW	107	Ellie Howarth	Darlington H & AC	1500	05:29.23		5					5	
SenW	208	Hollie Smith	Kingston upon Hull AC	HJ	1.60	7	6					6	
SenW	237	Rachael Ward	Jarrow & Hebburn AC	SP	6.43		4	LJ	2.83		4	8	
SenW	158	Anna Nicholson	Gateshead Harriers & AC	SP	8.29		6					6	























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