

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION

Track And Field Championships 2023

Middlesbrough Sports Village

Alan Peacock Way, Middlesbrough TS4 3AE

(Under UKA Rules Permit Number:)

Saturday 13th May 2023

First Event 10:00am

Senior Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Senior Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Under 20 Men	100m, 400m, 1500m, 110mH, Discus, Shot putt, Triple jump, Pole vault
Under 20 Women	200m, 800m, 5000m, 100mH, Discus, Javelin, Long jump, Pole vault
Under 17 Men	100m, 400m, 1500m, 100mH, Discus, Shot putt, Triple jump, Pole vault
Under 17 Women	200m, 800m, 3000m, 80mH, Discus, Javelin, Long jump, Pole vault
Under 15 Boys	100m, 300m, 1500m, 80mH, Discus, Shot putt, High jump, Triple jump, Pole vault
Under 15 Girls	200m, 800m, 3000m, 75mH, Discus, Javelin, High jump, Pole vault
Under 13 Boys	100m, 1500m, 75mH, High jump, Discus
Under 13 Girls	200m, 800m, 70mH, Long jump, Discus, Javelin

Ambulant Athletes (All Age Categories) 100m

Seated Club, Seated Javelin, Seated Shot, Seated Discus

Can Ambulant Athletes please put their classification when they enter

Sunday 14th May 2023

First Event 10:00am

Senior Men	200m, 800m, 400mH, 5000m, High jump, Long jump, Javelin, Hammer
Senior Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Under 20 Men	200m, 800m, 5000m, 400mH, High jump, Long jump, Javelin, Hammer
Under 20 Women	100m, 400m, 1500m, 400mH, High jump, Triple jump, Shot putt, Hammer
Under 17 Men	200m, 800m, 3000m, 400mH, High jump, Long jump, Javelin, Hammer
Under 17 Women	100m, 300m, 1500m, 300mH, High jump, Triple jump, Shot putt, Hammer
Under 15 Boys	200m, 800m, 3000m, Long jump, Javelin, Hammer
Under 15 Girls	100m, 300m, 1500m, Long jump, Triple jump, Shot putt, Hammer
Under 13 Boys	200m, 800m, Long jump, Shot putt, Javelin
Under 13 Girls	100m, 1500m, High jump, Shot putt

Under 13 Competition is confined to athletes aged 11 and 12 at midnight on 31/08/2023 – maximum 3 events per day

Under 15 Competition is confined to athletes aged 13 and 14 at midnight on 31/08/2023 – maximum 3 events per day

Under 17 Competition is confined to athletes aged 15 and 16 at midnight on 31/08/2023 – maximum 3 events per day

Under 20 Competition is confined to athletes aged 17 or over at midnight on 31/08/2023 and under 20 at midnight on 31/12/2023

Senior Competition is for athletes aged at least 20 years of age on 31/12/2023

Note: NECAA reserve the right to cancel any event for which insufficient entries are received

Conditions of Entry (please read carefully)

This event is confined to athletes who were born or have continuously resided, for at least nine months prior to the competition, within the counties of Northumberland, Durham, Cleveland, Tyne & Wear or Teesside. The NECAA are operating under UKA Rule 21 S6 as one County and clubs must abide by those rules regarding qualifications and any other matters

Entries are welcome from non NECAA competitors, however, in those events for which heats and finals are held, such competitors may not displace NECAA athletes from any subsequent heat or final.

N.B this does not qualify students who have resided during term time alone.

We can only accept online entries, as this is a Championship event there will be no entries accepted after the closing date

Online entries are here:

www.necaa.co.uk

Closing date for entries is **Sunday 30th April 2023**

Entry costs £8.50 per event

Please Note the starting heights for the following events;

	Starting Height		Starting Height
High Jump		Pole Vault	
Under 13 Girls	1.06		
Under 15 Girls	1.16	Under 15 Girls	1.70
Under 17 Women	1.26	Under 17 Women	1.70
Under 20 Women	1.31	Under 20 Women	1.70
Senior Women	1.31	Senior Women	1.70
Under 13 Boys	1.06		
Under 15 Boys	1.26	Under 15 Boys	1.70
Under 17 Men	1.36	Under 17 Men	1.70
Under 20 Men	1.51	Under 20 Men	2.10
Senior Men	1.51	Senior Men	2.10

Triple Jump Boards for North East Championships:

SM/U20M 9m / 11m / 13m

All other age groups (and Women) 7m / 9m / 11m / 13m

No personal starting blocks allowed.

Any competitor who achieves a place in a Saturday final but does not take part in that final without giving a valid reason to the Chief Track Judge may be debarred from competing in any event on the Sunday [UKA Rule 142(4)]

Athletes may compete in the Championships of only one County Association in any one calendar year.