

North Eastern Counties Athletic Association OPEN PENTATHLON

Incorporating the **NORTH EASTERN COUNTIES A.A. Championships**
UKA Permit Number: Pending



Monkton Stadium

Saturday 16th September 2023 - first event 10:00am

Senior Men	Discus, Long Jump, 200m, Javelin and 1500 metres
Senior Women	Shot Putt, Long Jump, 100m Hurdles, High Jump, 800 metres
under 20 Men	Discus, Long Jump, 200m, Javelin and 1500 metres
under 20 Women	Shot Putt, Long Jump, 100m Hurdles, High Jump, 800 metres
under 17 Men	Discus, Long Jump, 200m, Javelin and 1500 metres
under 17 Women	80 metres Hurdles, Long Jump, High Jump, Shot Putt and 800 metres
under 15 Boys	80 metres Hurdles, Long Jump, High Jump, Shot Putt and 800 metres
under 15 Girls	75 metres Hurdles, Long Jump, High Jump, Shot Putt and 800 metres
under 13 Boys	75 metres Hurdles, Long Jump, High Jump, Shot Putt and 800 metres
under 13 Girls	70 metres Hurdles, Long Jump, High Jump, Shot Putt and 800 metres

CONDITIONS OF ENTRY (Please read these most carefully)

The event is an open event incorporating the North Eastern Counties A.A. Championships 2023. Eligibility for the NECAA event is confined to athletes born, or having bone-fide residence for nine months prior to the date of the competition in the counties of Northumberland, Durham, Tyne & Wear or Cleveland. Competitors may compete in the Championships of only one County Association in any one calendar year. Residential qualification for persons serving in H.M. Forces is nine months. Uni. residence during term time only does not qualify. All NECAA athletes are eligible for the open pentathlon event as well as the NECAA Championships.

under 13 Boys / Girls qualification Under 13 Championships are confined to athletes who are aged 11 and 12 at midnight on 31st August 2023

under 15 Boys / Girls qualification Under 15 Championships are confined to athletes who are aged 13 and 14 at midnight on 31st August 2023

under 17 Men / Women qualification Under 17 Championships are confined to athletes who are aged 15 and 16 at midnight on 31st August 2023

under 20 Men / Women qualification Under 20 Championships are confined to athletes who are aged 17 or over at midnight on 31st August 2023 but under 20 at midnight on 31st December 2023.

Senior Men / Women qualification The Senior Championships are for athletes who are at least 20 years of age on 31st December 2023

Athletes must wear the vest of their first-claim affiliated club, or their County, Territorial or National vest, uka rule 17(3)

Equipment : Throwing event competitors may use any implements provided for general use. Those who wish to use their own implements must submit them to the Referee for approval. An athlete may not use another's implement without the owners prior permission.

Enquiries to Keith Willshire: keithw53@keithw53.plus.com

Please Note; Entry Numbers to the Open pentathlon will be restricted to the first 100

Online Entry only at www.nemaa.co.uk/necaa

Entry Fees : £25. **Closing date for entries :** Monday 4th September 2023

Timetable and entries will be published on www.necaa.co.uk wc Monday 11th September